

Camp Schedule

Monday, June 24, 2013

8:00am - Mass at St Therese Chapel for the kids and their parents led by Miles Christi Religious Order Priest

9:00am - Welcome the Campers and family members

9:15am - Stretch

9:30am-12:00pm - Break up into 8 groups and have 8 stations (19 minutes each)

1. Age 7-8
2. Age 7-8
3. Age 9-10
4. Age 9-10
5. Age 11-12
6. Age 11-12
7. Age 13-14
8. Age 13-14

12:00pm-1:00pm - Lunch provided by Jersey Mike's and MLB Guest Speaker (Autographs)

1:00pm-3:00pm - Game (Group 1&3) vs. (Group 2&4) (softball field) Game (Group 5&7) vs. (Group 6&8) (Varsity Baseball Field)

3:10pm-3:30pm - Devotional and Music

3:30pm-3:45pm - Dismissal

Tuesday, June 25, 2013

8:00am - Mass at St Therese Chapel for the kids and their parents led by Miles Christi Religious Order Priest

9:00am - Welcome the Campers and family members

9:15am - Stretch

9:30am-12:00pm - Break up into 8 groups and have 8 stations (19 minutes each)

1. Age 7-8
2. Age 7-8
3. Age 9-10
4. Age 9-10
5. Age 11-12
6. Age 11-12
7. Age 13-14
8. Age 13-14

12:00-1:00 - Lunch provided by Jersey Mike's and MLB Guest Speaker (Autographs)

1:00-3:00 - Game (Group 1&4) vs. (Group 2&3) (softball field) Game (Group 5&8) vs. (Group 6&7) (Varsity Baseball field)

3:10-3:45 - Devotional (Baseball Field Rosary) and Music

3:45pm - Dismissal

Wednesday, June 26, 2013

8:00am - Mass at St Therese Chapel for the kids and their parents led by Miles Christi Religious Order Priest

9:00am - Welcome the Campers and family members

9:15am - Stretch

9:30am-12:00pm - Game (Group 1&4) vs. (Group 2&3) (Softball Field) Game (Group 5&8) vs. (Group 6&7) (Varsity Baseball Field)

12:00pm-1:00pm - Lunch provided by Jersey Mike's and MLB Guest Speaker (Autographs)

1:00pm-3:00pm - Catholic Baseball Camp Fun Time

3:10pm-3:45pm - Devotional, Invitation, Music, Confession and "Open Mic".

3:45pm - Awards and Dismissal

This is what you can expect to work on while at camp:

- Daily Mass (Each boy will be given a cross to wear around his neck)
- Prayer
- Scripture Memorization
- Baseball Field Rosary (Each boy will be given a "Baseball Rosary")
- Music and devotion to our Lord
- Daily Testimonies from MLB Players
- Stance, Balance, Mechanics, Situational Hitting & Swing Path for hitting
- Mental preparation and Hitting Philosophy
- Hand-eye coordination drills for all aspects of the game
- Opposite field hitting (staying inside the baseball)
- Hitting with two strikes - Hitting off-speed pitches
- Situational hitting including Bunting
- Base Running, Steals, etc...
- Infield play-corner play & middle infield play
- Infield mechanics
- Outfield play - including throwing from the outfield
- Outfield play- routes, positions, jumps, footwork
- Pitching - balance, delivery, pitches, grips & more
- Pitching mechanics
- Catcher Skills - receiving, blocking, throwing & more
 - Daily scrimmage games to put all together!